

Appendix 5:

Liverpool MHEWB PB: Local Transformation Plans for Children and Young People's Mental Health

Q1. Who is leading the development of this Plan?

(Please identify the lead accountable commissioning body for children and young people's mental health at local level. We envisage in most cases this will be the CCG working in close collaboration with Local Authorities and other partners. Please list wider partnerships in place, including with the voluntary sector and include the name and contact details of a single senior person best able to field queries about the application.)

Liverpool CCG will be the lead accountable commissioning body on behalf of the multi-agency Children and Young People's Mental Health and Emotional Wellbeing (MHEWB) Partnership Board. This Board consists of the following representatives:

Liverpool CCG (CYP Commissioning Manager, AMHS Commissioning Manager and Project Support Officer)

Liverpool City Council (Social Care, Education, YOS, Families programme)

Adult Mental Health Provider

GP and CAMHS Clinical Lead

Public Health

Schools (Primary, Secondary, Special)

Further Education

VCS

Alder Hey Children's Foundation Trust (Specialist CAMHS and Community Paediatrics)

Police

Parent/Carer representative

Children and Young People representative

Community Development Worker

Probation

Fire and Rescue

The main Contact for queries is Lisa Nolan, Programme Manager (Children and Maternity), Liverpool CCG, lisa.nolan@liverpoolccg.nhs.uk or 0151 2967547

Q2. What are you trying to do?

(Please outline your main objectives, and the principal changes you are planning to make to secure and sustain improvements in children and young people's mental health outcomes. What will the local offer look like for children and young people in your community and for your staff?) Please tell us in no more than 300 words

Liverpool's MHEWB 3 year strategy includes a clear vision, outcomes and action plan to transform current services to support CYP's mental health. The strategy forms the basis for our 5 year transformational plan and aims to enhance the integrated comprehensive CAMHS pathway and local offer that has been developed and outlined within the strategy based on need. The comprehensive integrated CAMHS pathway is delivered by a range of organisations across the NHS and VCS working in partnership to provide services from public mental health and building resilience to more specialist provision supporting complex difficulties. The strategy and pathway were developed with extensive stakeholder engagement and involvement including CYP and families.

Our vision is to enhance the offer to move services closer to communities across 3 locality areas based on the following objectives and key developments:

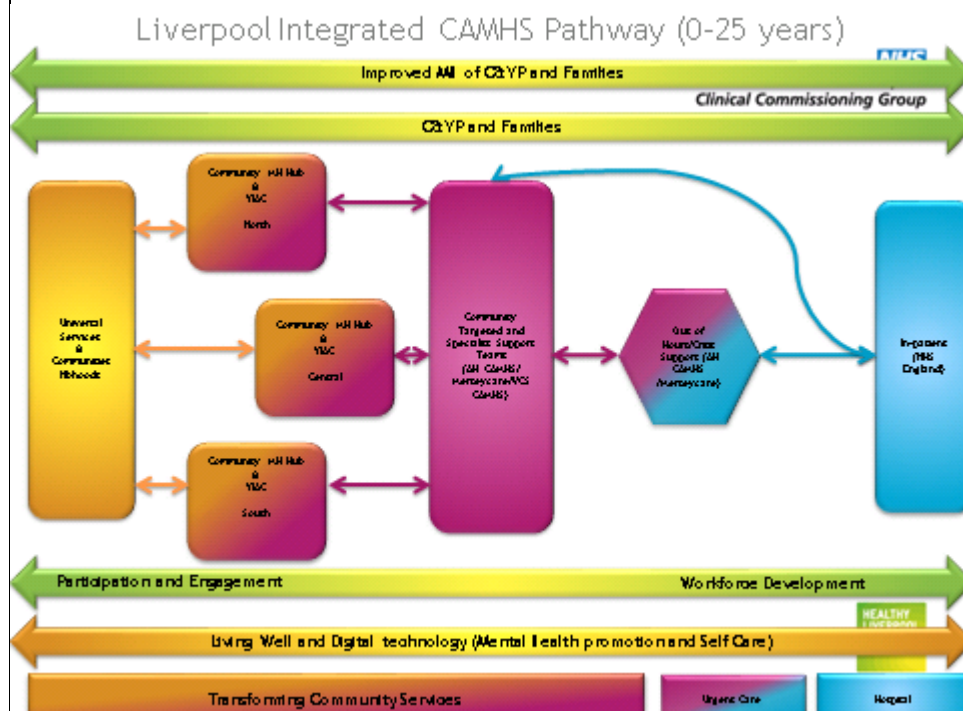
- Mental Health Promotion, Tackling Stigma and Self Care
- Intervening Early
- Transition
- Equalities and improving Access
- Integrated working
- Participation and Stakeholder engagement
- Whole Family
- Workforce Development
- Neurodevelopmental difficulties and complex needs
- Outcome Monitoring

These are to meet the following outcomes agreed for the city:

- Improved mental health of CYP and their families
- Improved environments so that CYP and families can thrive
- Increased identification of CYP with early indicators of distress and risk
- Reduction in mild to moderate distress
- Reduction in the development of moderate to severe distress
- Reduction in lifelong distress.

The vision for the city is to make mental health and emotional wellbeing 'Everyone's Business'.

The diagram below outlines the proposed new model. This is in line with Liverpool's Healthy Liverpool programme which aims to transform health and social care services in the city over the next 5 years. It will do this across 6 key areas; digital technology, Living Well, Transforming Community care, urgent care and hospital care.



Q3. Where have you got to?

(Please summarise the main concrete steps or achievements you have already made towards developing your local offer in line with the national ambition set out in *Future in Mind* e.g. progress made since publication in March 2015.) Please tell us in no more than 300 words

Liverpool has been transforming CAMHS for the past 12 years which has involved both NHS and VCS (children's and adults) providers working in partnership. In 2012 Liverpool moved from a tiered model of delivery to an integrated comprehensive pathway continually delivered across the NHS and VCS providers. Liverpool has also been part of CYP IAPT since 2013 and has used the key transformational principles from this programme to implement further change across the partnership and integrated pathway. The strategy and transformation are governed and performance managed through the MHEWB Partnership Board which has been in existence since 2004. Terms of reference and membership have been refreshed regularly. The board is accountable to the Health and Wellbeing Board through the Children's Trust Board. A number of multi-agency working groups are in place to take forward developments identified within the strategy action plan and these report directly to the MHEWB Board. These groups are:

- Mental health promotion and workforce development
- Early Help
- Access and Interventions delivered
- Specialist community CAMHS – in-patient care (tier 3-4) and Transition
- Participation
- ROMS

The MHEWB Partnership Board has reviewed the current strategy, action plan and developments to date against the recommendations within the national report. It was clear that Liverpool was already commissioning and aiming to develop a number of services, as part of the strategy action plan, which meet the recommendations within the report however recognising that at times provision was spread thinly and did not meet demand.

The strategy is now in its second year and there have already been a number of developments that have taken place which are in line with 'Future in Mind.' These developments have been led through the above work streams and are detailed in our wider transformational plan and governed through the MHEWB Partnership Board.

Q4. Where do you think you could get to by April 2016?

(Please describe the changes, realistically, that could be achieved by then.) Please tell us in no more than 300 words

Through taking forward the objectives outlined within the 3 year strategy the MHEWB aim to develop an enhanced integrated model of delivery to support children and young people's mental health and emotional wellbeing. Developments will be led through the work streams already operating and governed through the MHEWB Partnership Board. The model will be developed based on need and wide stakeholder engagement in line with Liverpool CCG's Healthy Liverpool programme and the cities wider whole family, early help and community based offer. Delivery up until April 2016 will be in line with the objectives and developments agreed as part of the MHEWB 3 year strategy which meets the recommendations within 'Future in Mind.' Further detail regarding our progress to date and timelines can be found within our wider transformational plan and Work plan 2014-2017.

Progress by April 2016 will include:

Mental Health promotion and Workforce development work stream:

- Further enhancement of mental health promotion and resilience building workshops to schools Including the development of a mental health quality charter mark for schools
- Implementation of marketing strategy
- Work towards the development of digital apps

Early Intervention/Help work stream:

- Counsellors/Therapists in primary schools
- Planning towards 3 MH hub/YIAC developments

Access to Services/Interventions work stream:

- Planning towards development of multi-agency SPA and triage within 3 MH hubs/YIACS including data sharing IT development

Specialist Community CAMHS- inpatient/transition work stream:

- Development of Specialist Eating Disorder service across Liverpool and Sefton
- Increasing capacity and knowledge for practitioners to deliver specialist feeding advice and interventions, specifically for CYP with neurodevelopmental conditions

Participation work stream:

- Annual consultation with CYP
- Annual consultation with parents/carers
- Ongoing involvement of CYP and parents/carers in design, development, delivery and evaluation of MHEWB services
- Peer mentoring scheme

ROMS work stream:

- Work towards development of outcomes framework across health, education and Social care with support of CORC
- Agreed model of research and evaluation

Q5. What do you want from a structured programme of transformation support? Please tell us in no more than 300 words

The MHEWB PB would like the following structured programme of transformation support:

- Good communication from NHS England regarding transformation plans and progress
- Increased inclusion of commissioners in CYP IAPT programme
- CPD for commissioners (across health, education and social care) – possible course as part of CYP IAPT programme in addition to better promotion of commissioner MIND-Ed online course
- Regional support e.g. commissioner action learning sets/communities of practice
- Regional support for MHEWB/CAMHS partnership boards – attendance at some meetings with updates
- Specific events/support/e-learning for schools in commissioning MHEWB services and joint/collaborative commissioning
- Research and evaluation

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Name, signature and position of person who has signed off Plan on behalf of local partners

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Name signature and position of person who has signed off Plan on behalf of NHS Specialised Commissioning.

