

Ref: CCG May14

Corporate Services
NHS Liverpool Clinical Commissioning Group
The Department
Lewis's Building
Renshaw Street
Liverpool
L1 2SA

Email: foi@liverpoolccg.nhs.uk

9 June 2016

Dear

Re: Freedom of Information Request

Thank you for your Freedom of Information request that we received on 14 May 2016, with regards to Mental Health Services.

Request/**Response**

I appreciate there may be no 'average' waiting time or data that already collates an overall picture of how long people are waiting for treatment. However, there will be a referral system in place to facilitate the treatment of people via a GP or other referral mechanism in order for appointments to be made. It is this referral or 'booking' system I would like you to interrogate, in order to give me the current waiting time (as of a specific date) for various therapies. I'd also like you to provide the current shortest and longest waits on that referral system.

1. What is the current waiting time for treatment for talking therapies in your area in primary healthcare? Please break down the wait for each type (or 'choice of modality') which is available in your area.
2. What is the current longest wait for talking therapies in your area in primary healthcare? That is, what length of time has the person who's been waiting the longest been waiting? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
3. What is the current waiting time for treatment for talking therapies, appointments with psychologists or psychiatrists in your area in secondary healthcare? (Please break down the wait for each type (or 'choice of modality') which is available in your area.
4. What is the current longest wait for talking therapies, appointments with psychologists or psychiatrists in your area in secondary healthcare? That is, what

length of time has the person who's been waiting the longest been waiting? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.

For the above questions please provide the figure for referral to first treatment waiting time, not referral to 'assessment' or 'intervention' time.

5. How many referrals have there been into adult mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.
6. What is the maximum number of talking therapy sessions an adult, eligible for therapy, can receive in your area at primary and secondary care level.

Waiting Times Weeks				
Modality	Shortest Wait	Longest Wait	Avg Wait	Maximum no. of Sessions
CCBT	0 weeks	10 weeks	4 weeks	12 over 6 months
One to One	0 weeks	25 weeks	10 weeks	12 over 6 months
Psychoeducational Groups	0 weeks	19 weeks	4 weeks	12 * 2 hr sessions
CBT	0 weeks	36 weeks*	11 weeks	12 over 6 months
Counselling	0 weeks	34 weeks	10 weeks	12 over 6 months
Couples Therapy	2 weeks	33 weeks	21 weeks	12 * 2 hr sessions
Group CBT	3 weeks	3 weeks	3 weeks	12 * 2 hr sessions
Family Therapy	11 weeks	31 weeks	22 weeks	12 * 2 hr sessions

* Please note : that this patient Did not attend previous appointments and has been offered new appointment which they are due to attend today.

The referrals are provided by financial year only

Year	Number of Referrals to Adult Mental Health Service Secondary Care	Number of Referrals to Primary Care
2013/2014	10,531	13,780
2014/2015	11,063	13,832
2015/2016	13,166	14,795

As a separate FOI request, please provide the following information about the Child and Adolescent Mental Health Services in your area.

1. In Child and Adolescent Mental Health Services (CAMHS), what is the current waiting time for a young person to receive talking therapies. Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
2. In CAMHS, what is the current longest wait to receive talking therapies? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.
3. What is the maximum number of talking therapy sessions a young person, eligible for therapy, can receive in your area at primary and secondary care level.
4. How many referrals have there been into child and adolescent mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.

Waiting Times Weeks				
Modality	Shortest Wait	Longest Wait	Avg Wait	Maximum no. of Sessions Not recorded by modality . On average 8-12 sessions but dependent on need
Direct Work with Young Carers - Planning and Reviews	0 Weeks	2 Weeks	1 week	
Anxiety Management	0 weeks	4 weeks	2 weeks	
Counselling, including integrative Person Centred	0 weeks	8 weeks	4 weeks	
CBT	0 weeks	10 weeks	2 weeks	
Assessment	0 weeks	8 weeks	2 weeks	
Group Work time Limited Children and Young Person	0 weeks	1 week	1 week	
Family Work	0 Weeks	6 weeks	2 weeks	

Year	Number of Referrals to Primary Care CAMHS
2014/2015	3,693
2015/2016	4,043

For Referrals for Secondary Care Tier 4 please can I recommend you contact the provider of the service - Alder Hey at info.gov@alderhey.nhs.uk.

We wish to take this opportunity to inform you that a formal complaints and internal review procedure is available to applicants who are unhappy with responses provided to FOI requests. You can formally request an internal review within a reasonable period of time (2 calendar months) from the date this response was issued.

Where you are not satisfied with the decision of the internal review you may apply directly to the Information Commissioners Office (ICO) for a further review of that decision. Generally, the ICO cannot make a decision unless you have exhausted our complaints procedure in the first instance.

The ICO can be contacted at:

Information Commissioners Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF
www.ico.gov.uk

Should you require any further information, clarification regarding this response or do not feel that your request has been answered as you would expect, please contact us to discuss.

Yours sincerely,

**Customer Relations Lead
NHS Liverpool CCG**