

**Liverpool
Clinical Commissioning Group**

Ref CCG 33037
FOI Dec19

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Corporate Services
NHS Liverpool Clinical Commissioning Group
The Department
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I am writing in response to your letter regarding the Perinatal Mental Health (PMH) service known as Liverpool Parent Infant Partnership (livPIP). In your letter you have asked three specific requests under the Freedom of information (FOI) Act. Two of the questions do not fit into the criteria of an FOI but I am more than happy to respond to you within the twenty working day timescale.

As you are probably aware, LivPIP was a three-year project that the CCG match-funded along with PIP UK. The three-year period finished at the end of December 2016, but we extended our contribution and also picked up the PIP UK contribution to cover to the end of the full financial year, therefore the funding will end 31st March 2017. We hoped this would give PSS (the provider of LivPIP services) more time to seek alternative funding.

To continue beyond this three-year period would require further investment from the CCG, which unfortunately we are not in a position to do. There was a recent opportunity to bid for regional funds for Perinatal Mental Health, which we had hoped might allow us to include LivPIP. However, we could only bid as part of the regional Strategic Clinical Network, which had different priorities. We are disappointed not to be able to commit recurrent funds to PSS for Liv PIP, as our third sector providers are a valued asset to the community.

In response to your questions:

1. What is the current level of investment for mental health support for families with children from 0-2 years old?
2. What are Liverpool's strategic plans for incorporating bespoke services for perinatal mental health as part of the Life Course Pathway?
3. How can Liverpool Mental Health Consortium contribute to ensuring the participation of mothers/parents in these plans?

The current contract with our Main Mental Health Providers operates on a block contract basis and so values may change. Our indicative spend is for Children & Young people in the following categories for 2016/17 is estimated to be

Spend by Category	2016/17
Children & Young People's Mental Health (excluding LD)	2,656.000
Children & Young People's Eating Disorders	403.000
Perinatal Mental Health (Community)	554.000

In response to your second question, we currently commission Alder Hey to provide Mental Health support for children and young people (CYP) 0-19 years. This means they have an early years' element and specialism within their provision. Taking into account policy and the empirical research/good practice evidence base, the following principles of care are provided within this service:

- i. Focus on prevention, early intervention and wider well-being for children aged under 5 and their parents
- ii. Provide a range of evidence-based interventions for infants, young children and their parents in Liverpool (Fresh CAMHS)
- iii. Inclusion of pregnant women and their unborn child in psychological therapy in the antenatal period (and including partners /fathers when indicated)
- iv. Build capacity in the Tier 1 workforce through training and consultation in infant and early years' mental health
- v. Work closely with partners in health and social care to deliver integrated infant and early years' services across Liverpool, including Children's Centres, Health Visitors, Midwives, Perinatal Mental Health Service and other relevant third sector agencies
- vi. Participate in local strategic development via key stakeholder groups including Liverpool Perinatal Mental Health Group and the North West Perinatal Strategic Clinical Network (SCN) ensuring the mental health needs of parents and infants are held in mind by commissioners and providers
- vii. Participate in research in the field of infant and early years' mental health, strengthening links with Alder Hey Academic department and Doctorate in Clinical Psychology training programmes in the north west
- viii. Increase service-user participation for parents of infants and young children

In response to your third question about how you can contribute, we have discussed this with our colleagues in Public Health and confirmed that parents will be able to contribute views through the Maternity Services Liaison Committee. If you would like to nominate a representative to the Healthy Liverpool Programme Maternity - First 1000 days' group we would be happy to invite them to future meetings.

I hope this answers your questions. If you have any further questions, please do not hesitate to contact me.

Yours sincerely

Chief Officer